

# LIVING WATERS HALIFAX

## INFORMATION SHEET

### What is Living Waters?

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The program is an in-depth healing, teaching and discipleship series with the goal of laying a foundation for relational wholeness. The basic premise of Living Waters is that Jesus is committed to enabling us to love. When we are confused or broken in our sexual and relational identities, we are bound in our capacity to love others according to the will of Christ. We thus need His grace and restoration to heal our sexuality. Living Waters aims to minister that healing.

### Who can attend?

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The program is relevant for those struggling with relational or sexual issues, such as sexual addiction, abuse, unhealthy relationships, marital problems, same-sex feelings, and emotional dependencies. Anyone with an identified relational or sexual problem is eligible to apply for Living Waters. Christ's capacity to touch and restore us at deep levels of brokenness and shame applies to all of us, regardless of the exact type of problem.

### Is the program right for me?

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The following requirements can only be assessed by you. Consider whether or not they describe your own readiness of heart.

1. A desire to deepen your relationship with Christ.
2. A desire to allow Christ to reveal His intentions for your sexuality.
3. A willingness to face the sinfulness of your present state and the painful realities that led you there.
4. A willingness to be open and honest with others about your relational feelings and practices, as well as areas of identity and emotional immaturity.
5. A desire to receive the healing ministry of the Holy Spirit in the deep areas of your life.
6. A desire and willingness to walk free from relational and sexual brokenness, and find loving relationships within the body of Christ.

### What is the program like?

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The Living Waters Halifax program starts each fall and runs for approximately 25 weeks. Each week consists of worship, teaching, healing prayer, and a small group time. There is a Saturday commitment in the fall, and a Friday night/Saturday time in winter, as well as reading assignments.

### How does one enroll?

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Please fill out the Living Waters Program application (its contents will be kept strictly confidential). If you do not have an application form, please contact [edmarshutt@eastlink.ca](mailto:edmarshutt@eastlink.ca) or visit our church website at [www.theagora.ca](http://www.theagora.ca) *Submitting an application does not guarantee your admission into the program.* Applications are reviewed on a first-come, first-serve basis.

When we receive your application, we will contact you to arrange a convenient time for a short mutual interview. Once your acceptance is finalized, you will be requested to complete a detailed confidential intake form, and we will inform you of other details of the program.

## **What is the cost?**

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For 2009-2010: The total cost of the Living Waters program is \$470.00 *including* the \$20.00 nonrefundable application fee. Payment may be made as follows: \$150 initial fee, followed by 5 monthly payments of \$60. This includes the fees for a one day 'in city' retreat in the fall, and a Friday evening/Saturday 'in city' retreat during the winter. The retreats are a required part of the program

Full payment at the time of acceptance reduces the cost to \$450.

## **What's the content of the program?**

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The lessons for the 25-week program include:

### **Love Revealed**

1. An Introduction to Living Waters
2. Acknowledging Our Need
3. The Father's Pursuit of Us
4. Jesus, the Son
5. Realignment and Empowering of the Will

### **Understanding Brokenness**

6. Welcoming Him Into Our Brokenness
7. Triggers of Gender Insecurity
8. Broken Boundaries, Invaded Heart
9. Narcissism and Relational Idolatry

### **Reconciliation**

10. The Cross: Resurrecting the True Self
11. Forgiving Others
12. Restoring the True Feminine
13. Restoring the True Masculine

### **Learning to Walk**

14. Embracing the Process
15. Temptation: Bound or Determined?
16. Freedom From Sexual Addiction

### **Learning to Love**

17. Devotion to Christ in Community
18. Healthy Same-Sex Friendships
19. Healthy Heterosexuality
20. Toward Christian Maturity

## **What else do I need to know?**

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If you're interested in taking Living Waters, please apply early. Deadline for applications is Sept 23, 2009. The program will begin Monday, October 5<sup>th</sup>. Location to be announced. The Living Waters Halifax program is sponsored by: Living Waters Canada and The Agora Mennonite Brethren Church

For further information:

contact Ed/Margot Shutt at 902-423-3795 or e-mail at [edmarshutt@eastlink.ca](mailto:edmarshutt@eastlink.ca)  
also contact Living Waters Canada at [www.livingwaterscanada.org](http://www.livingwaterscanada.org)  
or [www.theagora.ca](http://www.theagora.ca)